

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

April 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	240.00 25 kg bag	2 x 25Kg	480.00
Rice	78.99 5kg	4kg	63.19
Cassava Flour	12.43 1kg	6kg	74.59
(Sweet) Potatoes	15.18 1 Kg	4 Kg	60.72
Beans	12.70 1kg	3kg	38.09
Pounded Groundnut	27.27 1kg	1kg	27.27
Soya Pieces	32.84 1 kg	2kg	65.68
Beef	45.00 1kg	2kg	90.00
Chicken	60.00 2kg	5kg	150.00
Kapenta	87.51 1kg	1kg	87.51
Eggs	12.38 1 unit (10 eggs)	3 Trays (90 eggs)	111.38
Milk (Fresh)	9.00 500 ml	10 liters	180.00
Vegetables	646.42 40 Kg	40kg	646.42
Onion	19.21 1 Kg	4 Kg	76.85
Tomatoes	16.52 1 kg	6 kg	99.13
Banana	57.32 1 Kg	16 Kg	917.18
Other Fruits	92.89 1 kg	14 Kg	1,300.50
Cooking oil (2.5lts)	60.00 2.5lt	3.6lt	86.40
Salt	9.00 1 Kg	1 Kg	9.00
SubTotal			ZMW 4,563.90

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	108.00 90kg bag(s)	2 90kg bag(s)	216.00
Soap (Lifebuoy/Champion)	12.00 Tablet(s)	3 Tablet(s)	36.00
Wash soap (BOOM)	20.00 400g	4 400g	80.00
Jelly (Vaseline)	20.00 500ml	1 500ml	20.00
Electricity (medium density)	200.00 Month(s)	1 Month(s)	200.00
Water & Sanitation (med - fixed)	194.00 Month(s)	1 Month(s)	194.00
Housing (3 bedroom)	1,250.00 Month(s)	1 Month(s)	1,250.00
Sanitary towels	25.00 Pack of 10	2 Pack of 10	50.00
Toilet Paper (2ply)	5.00 Tissue(s)	6 Tissue(s)	30.00
Subtotal			ZMW 2,076.00

Total for Basic Needs and Nutrition Basket

ZMW 6,639.90

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	50.00	Kasolwe-Town	100.00
Grades 8-9 (User + PTA/year)	200.00	Lubwa-Town	100.00
Grades 10-12 (User + PTA/year)	350.00		
School Uniform (Grades 1-7)	150.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria test	20.00	Petrol (per litre)	17.62
		Diesel (per litre)	15.59

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,158.67	3,860.28	4,307.92	4,226.03	5,896.79	7,428.38	5,389.04	4,441.86	3,890.14	5,280.69	5,361.73	6,048.36	5,404.36	5,240.95	6,639.90	5,060.29

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Old market, New market, Kalukungu market and Kabuta market. The April Basic Needs Basket is approximately US\$355 based upon the exchange rate Of K18.68. Other costs would include personal care, clothing, recreation, etc.

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2020-04-30

Chinsali April 2020 Basic Needs and Nutrition Basket Report

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