

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

February 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	160.00 25 kg bag	2 x 25Kg	320.00
Rice	122.52 5kg	4kg	98.02
Cassava Flour	19.58 1kg	6kg	117.50
(Sweet) Potatoes	27.57 1 Kg	4 Kg	110.29
Beans	23.22 1kg	3kg	69.67
Pounded Groundnut	33.28 1kg	1kg	33.28
Soya Pieces	24.75 1 kg	2kg	49.50
Beef	40.00 1kg	2kg	80.00
Chicken	67.50 2kg	5kg	168.75
Kapenta	69.43 1kg	1kg	69.43
Eggs	20.00 1 unit (10 eggs)	3 Trays (90 eggs)	180.00
Milk (Fresh)	12.00 500 ml	10 liters	240.00
Vegetables	1,087.58 40 Kg	40kg	1,087.58
Onion	31.71 1 Kg	4 Kg	126.85
Tomatoes	26.11 1 kg	6 kg	156.64
Banana	8.68 1 Kg	16 Kg	138.87
Other Fruits	41.22 1 kg	14 Kg	577.15
Cooking oil (2.5lts)	95.00 2.5lt	3.6lt	136.80
Salt	9.00 1 Kg	1 Kg	9.00
Tea	15.00 250g	250g	15.00
SubTotal			ZMW 3,784.33

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	108.00 90kg bag(s)	2 90kg bag(s)	216.00
Soap (Lifebuoy/Champion)	10.00 Tablet(s)	3 Tablet(s)	30.00
Wash soap (BOOM)	20.00 400g	4 400g	80.00
Jelly (Vaseline)	25.00 500ml	1 500ml	25.00
Electricity (medium density)	110.00 Month(s)	1 Month(s)	110.00
Water & Sanitation (med - fixed)	140.50 Month(s)	1 Month(s)	140.50
Housing (3 bedroom)	897.50 Month(s)	1 Month(s)	897.50
Sanitary towels	15.00 Pack of 10	2 Pack of 10	30.00
Toilet Paper (2ply)	5.80 Tissue(s)	6 Tissue(s)	34.80
Lotion (Dawn)	40.00 400ml	1 400ml	40.00
Subtotal			ZMW 1,603.80

Total for Basic Needs and Nutrition Basket

ZMW 5,388.13

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	86.67	Chibesa-Town	150.00
Grades 8-9 (User + PTA/year)	333.33	Turn off-Town	150.00
Grades 10-12 (User + PTA/year)	333.33		
School Uniform	666.67		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8512.31	4,140.66	4,886.58	4,738.68	6,274.28	6,341.32	5,430.74	4,692.96	4,757.20	5,470.09	6,605.92	6,853.91	6,107.43	5,594.66	5,388.13	5,759.64

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th February, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Old market, New market, Kalukungu market and Kabuta market. The February Basic Needs Basket is approximately US\$247 based upon the exchange rate Of K21.83 Other costs would include personal care, clothing, recreation, etc

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Advocacy on Living Conditions

2021-04-30

Chinsali April 2021 Basic Needs and Nutrition Basket Report

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