

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

April 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

| Commodity | Price (ZMW) / Unit | Quantity / Month | Total (ZMW) |
|----------------------|------------------------|-------------------|---------------------|
| Mealie Meal (Roller) | 128.75 25 kg bag | 2 x 25Kg | 257.50 |
| Rice | 125.74 5kg | 4kg | 100.59 |
| (Sweet) Potatoes | 21.09 1 Kg | 4 Kg | 84.34 |
| Beans | 33.60 1kg | 3kg | 100.79 |
| Pounded Groundnut | 51.31 1kg | 1kg | 51.31 |
| Soya Pieces | 66.48 1 kg | 2kg | 132.96 |
| Beef | 51.38 1kg | 2kg | 102.75 |
| Chicken | 77.50 2kg | 5kg | 193.75 |
| Kapenta | 149.17 1kg | 1kg | 149.17 |
| Eggs | 19.58 1 unit (10 eggs) | 3 Trays (90 eggs) | 176.25 |
| Milk (Fresh) | 14.75 500 ml | 10 liters | 295.00 |
| Vegetables | 232.55 40 Kg | 40kg | 232.55 |
| Onion | 37.17 1 Kg | 4 Kg | 148.70 |
| Tomatoes | 5.93 1 kg | 6 kg | 35.55 |
| Banana | 8.20 1 Kg | 16 Kg | 131.14 |
| Other Fruits | 25.22 1 kg | 14 Kg | 353.12 |
| Cooking oil (2.5lts) | 126.25 2.5lt | 3.6lt | 181.80 |
| Salt | 9.00 1 Kg | 1 Kg | 9.00 |
| Tea | 27.50 250g | 250g | 27.50 |
| SubTotal | | | ZMW 2,763.77 |

(B) COST OF ESSENTIAL NON-FOOD ITEMS

| Commodity | Price(ZMW) / Unit | Quantity / Month | Total (ZMW) |
|---|--------------------|------------------|---------------------|
| Charcoal | 225.00 90kg bag(s) | 2 90kg bag(s) | 450.00 |
| Soap (Lifebuoy/Champion) | 14.00 Tablet(s) | 3 Tablet(s) | 42.00 |
| Wash soap (BOOM) | 16.50 400g | 4 400g | 66.00 |
| Jelly (Vaseline) | 26.50 500ml | 1 500ml | 26.50 |
| Electricity (medium density) | 100.00 Month(s) | 1 Month(s) | 100.00 |
| Water & Sanitation (med - fixed) | 214.20 Month(s) | 1 Month(s) | 214.20 |
| Housing (3 bedroom) | 1,300.00 Month(s) | 1 Month(s) | 1,300.00 |
| Sanitary towels | 18.25 Pack of 10 | 2 Pack of 10 | 36.50 |
| Toilet Paper (2ply) | 8.25 Tissue(s) | 6 Tissue(s) | 49.50 |
| Lotion (Dawn) | 33.00 400ml | 1 400ml | 33.00 |
| Subtotal | | | ZMW 2,317.70 |
| Total for Basic Needs and Nutrition Basket | | | ZMW 5,081.47 |

(C) SOME OTHER ADDITIONAL COSTS

| <u>Education</u> | | <u>Transport (bus fare round)</u> | |
|--------------------------------|--------------|-----------------------------------|--------------|
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| Grades 1-7 (User + PTA/year) | 157.50 | Manungu | 35.00 |
| Grades 8-9 (User + PTA/year) | 225.00 | | |
| Grades 10-12 (User + PTA/year) | 250.00 | | |
| <u>Health</u> | | <u>Fuel (cost at the pump)</u> | |
| Item | Amount (ZMW) | Item | Amount (ZMW) |
| | | Petrol (per litre) | 17.62 |
| | | Diesel (per litre) | 15.59 |

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali | Mazabuka |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|----------|----------|----------|
| 8,743.89 | 3,973.17 | 4,729.47 | 4,876.92 | 6,382.74 | 6,852.06 | 5,081.47 | 5,086.34 | 5,105.30 | 5,947.50 | 6,955.58 | 6,720.71 | 6,615.57 | 5,297.26 | 5,906.59 | 5,970.53 |

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The April Basic Needs Basket is approximately US\$228 based upon the exchange rate Of K22.29 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: jctr.sed@gmail.com Website: www.jctr.org.zm
Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2021-04-30

Monze April 2021 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/1290>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)