

# JCTR BASIC NEEDS BASKET

**Mansa**

**September 2019**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	106.33 25 kg bag	2 x 25Kg	212.67
Rice	112.50 5kg	4kg	90.00
Cassava Flour	7.00 1kg	6kg	42.00
(Sweet) Potatoes	78.60 1 Kg	4 Kg	314.40
Beans	23.00 1kg	3kg	69.00
Pounded Groundnut	20.60 1kg	1kg	20.60
Soya Pieces	11.00 1 kg	2kg	22.00
Beef	39.00 1kg	2kg	78.00
Chicken	44.25 2kg	5kg	110.63
Kapenta	171.00 1kg	1kg	171.00
Eggs	12.67 1 unit (10 eggs)	3 Trays (90 eggs)	114.00
Milk (Fresh)	7.83 500 ml	10 liters	156.67
Vegetables	129.20 40 Kg	40kg	129.20
Onion	14.33 1 Kg	4 Kg	57.33
Tomatoes	5.67 1 kg	6 kg	34.00
Banana	10.00 1 Kg	16 Kg	160.00
Other Fruits	8.50 1 kg	14 Kg	119.00
Cooking oil (2.5lts)	54.00 2.5lt	3.6lt	77.76
Salt	8.00 1 Kg	1 Kg	8.00
Tea	9.95 250g	250g	9.95
<b>Subtotal</b>			<b>ZMW 1,996.20</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	133.20 90kg bag(s)	2 90kg bag(s)	266.40
Soap (Lifebuoy/Champion)	8.17 Tablet(s)	3 Tablet(s)	24.50
Wash soap (BOOM)	10.17 400g	4 400g	40.67
Jelly (Vaseline)	27.50 500ml	1 500ml	27.50
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	115.00 Month(s)	1 Month(s)	115.00
Housing (3 bedroom)	1,233.00 Month(s)	1 Month(s)	1,233.00
Toilet Paper (2ply)	17.83 Tissue(s)	6 Tissue(s)	107.00
Lotion (Dawn)	18.83 250ml	1 250ml	18.83
<b>Subtotal</b>			<b>ZMW 1,932.90</b>

**Total for Basic Needs Basket ZMW 3,929.10**

## (C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	168.00	Maiteneke-Town	8.00
Grades 8-9 (User + PTA/year)	168.00	Senama-Town	6.00
Grades 10-12 (User + PTA/year)	600.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	17.00	Petrol (per litre)	15.98
		Diesel (per litre)	14.23
		Paraffin (per litre)	13.02

## (D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

### Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 26<sup>th</sup> September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Maiteneke Market, Kaole Market, Chilyapa Market, Down Market, Main Market and Shoprite. Additional information was obtained from ZESCO, Luapula Water and Sewerage Company and schools, clinics, hospital and houses around Mansa. The September Basic Needs Basket is approximately US\$302 based upon the exchange rate of K13 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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# Mansa September 2019 Basic Needs and Nutrition report

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