

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

August 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	86.00 25 kg bag	2 x 25Kg	172.00
Rice	200.84 5kg	4kg	160.67
Cassava Flour	15.00 1kg	6kg	89.97
(Sweet) Potatoes	12.94 1 Kg	4 Kg	51.77
Beans	31.01 1kg	3kg	93.03
Pounded Groundnut	35.00 1kg	1kg	35.00
Soya Pieces	43.20 1 kg	2kg	86.39
Beef	41.99 1kg	2kg	83.98
Chicken	109.60 2kg	5kg	273.99
Kapenta	237.50 1kg	1kg	237.50
Eggs	14.80 1 unit (10 eggs)	3 Trays (90 eggs)	133.19
Milk (Fresh)	7.90 500 ml	10 liters	157.96
Vegetables	195.46 40 Kg	40kg	195.46
Onion	14.16 1 Kg	4 Kg	56.64
Tomatoes	6.33 1 kg	6 kg	37.99
Banana	12.45 1 Kg	16 Kg	199.20
Other Fruits	18.39 1 kg	14 Kg	257.44
Cooking oil (2.5lts)	86.60 2.5lt	3.6lt	124.70
Salt	8.60 1 Kg	1 Kg	8.60
SubTotal			ZMW 2,455.48

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	121.50 90kg bag(s)	2 90kg bag(s)	243.00
Soap (Lifebuoy/Champion)	9.60 Tablet(s)	3 Tablet(s)	28.79
Wash soap (BOOM)	13.40 400g	4 400g	53.59
Jelly (Vaseline)	24.80 500ml	1 500ml	24.80
Electricity (medium density)	292.00 Month(s)	1 Month(s)	292.00
Water & Sanitation (med - fixed)	249.00 Month(s)	1 Month(s)	249.00
Housing (3 bedroom)	3,000.00 Month(s)	1 Month(s)	3,000.00
Sanitary towels	15.94 Pack of 10	2 Pack of 10	31.87
Toilet Paper (2ply)	4.25 Tissue(s)	6 Tissue(s)	25.49
Lotion (Dawn)	25.80 250ml	1 250ml	25.80
Subtotal			ZMW 3,974.34

Total for Basic Needs and Nutrition Basket

ZMW 6,429.82

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	450.00		
Grades 8-9 (User + PTA/year)	1,500.00		
Grades 10-12 (User + PTA/year)	1,600.00		
<u>Health</u>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	25.00	Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,178.22	3,925.74	4,132.91	3,997.46	5,863.97	6,744.04	5,213.87	6,170.87	4,111.28	5,511.70	6,365.25	6,429.82	5,573.92	4,709.50	4,712.75	5,261.18

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th August, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, polen and shoprite. The August Basic Needs Basket is approximately US\$331.824 based upon the exchange rate Of K19.3772. Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2020-08-31

Kabwe August 2020 Basic Needs and Nutrition Basket Report

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