

JCTR BASIC NEEDS BASKET

Livingstone

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	133.33 25 kg bag	2 x 25Kg	266.67
Rice	73.33 5kg	4kg	58.67
Cassava Flour	12.02 1kg	6kg	72.12
(Sweet) Potatoes	9.54 1 Kg	4 Kg	38.17
Beans	52.58 1kg	3kg	157.74
Pounded Groundnut	30.64 1kg	1kg	30.64
Soya Pieces	53.24 1 kg	2kg	106.48
Beef	31.50 1kg	2kg	63.00
Chicken	57.50 2kg	5kg	143.75
Kapenta	147.91 1kg	1kg	147.91
Eggs	12.25 1 unit (10 eggs)	3 Trays (90 eggs)	110.25
Milk (Fresh)	7.50 500 ml	10 liters	150.00
Vegetables	256.66 40 Kg	40kg	256.66
Onion	13.36 1 Kg	4 Kg	53.43
Tomatoes	10.38 1 kg	6 kg	62.25
Banana	7.55 1 Kg	16 Kg	120.86
Other Fruits	16.83 1 kg	14 Kg	235.56
Cooking oil (2.5lts)	42.19 2.5lt	3.6lt	60.75
Salt	8.00 1 Kg	1 Kg	8.00
Tea	26.33 250g	250g	26.33
Subtotal			ZMW 2,169.23

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	63.00 90kg bag(s)	2 90kg bag(s)	126.00
Soap (Lifebuoy/Champion)	177.80 Tablet(s)	3 Tablet(s)	533.40
Wash soap (BOOM)	11.40 400g	4 400g	45.60
Jelly (Vaseline)	34.00 500ml	1 500ml	34.00
Electricity (medium density)	250.00 Month(s)	1 Month(s)	250.00
Water & Sanitation (med - fixed)	300.00 Month(s)	1 Month(s)	300.00
Housing (3 bedroom)	1,700.00 Month(s)	1 Month(s)	1,700.00
Sanitary towels	15.50 Pack of 10	2 Pack of 10	31.00
Toilet Paper (2ply)	17.80 Tissue(s)	6 Tissue(s)	106.80
Lotion (Dawn)	20.75 250ml	1 250ml	20.75
Subtotal			ZMW 3,147.55

Total for Basic Needs Basket

ZMW 5,316.78

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	600.00	Dambwa-Town	16.00
Grades 10-12 (User + PTA/year)	600.00	Maramba-Town	14.00

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	20.00	Petrol (per litre)	15.98
Consultation Fee	100.00	Diesel (per litre)	14.23
		Paraffin (per litre)	13.02

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted on 27th September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbata Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The September Basic Needs Basket is approximately US\$409 based upon the average exchange rate of K13 per US\$ prevailing at time of data collection. Please note that other monthly costs would include personal care,

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Reports

Advocacy on Living Conditions

2019-09-30

Livingstone September 2019 Basic Needs and Nutrition Basket

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