

# JCTR BASIC NEEDS BASKET

Chinsali

March 2017

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	112.00	2	x 25 Kg	224.00
Beans	17.50	3	Kg	52.50
Kapenta (Dry)	51.25	2	Kg	102.50
Beef	35.00	4	Kg	140.00
Dark Green Vegetables	4.00	4	Kg	16.00
Tomatoes	8.25	4	Kg	33.00
Onion	11.00	2	Kg	22.00
Cooking oil (2.5L)	49.50	3	Litres	59.40
Bread	10.00	1	Loaf/day	300.00
Sugar	26.75	3	x 2 Kg	80.25
Milk	9.25	4	x 500ml	37.00
Tea	110.00	1	Kg	110.00
Eggs	10.00	2	Units	20.00
Salt	5.75	1	Kg	5.75

**Subtotal** **ZMW 1,202.40**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	43.00	2	x 90 Kg bag(s)	86.00
Soap (Lifebuoy/Champion)	5.00	10	Tablet(s)	50.00
Wash soap (BOOM)	10.00	4	x 400g	40.00
Jelly (e.g. Vaseline)	20.00	1	x 500ml	20.00

**Subtotal** **ZMW 196.00**

**Total for Basic Needs Basket** **ZMW 1,398.40**

Total from previous month	Feb 16	Apr 16	May 16	Jun 16	July 16	Aug 16	Sep 16	Oct 16	Nov 16	Dec 16	Jan 16	Feb 16
Amount (K)	2,868.67	2,688.25	2,746.83	2,729.42	2,692.25	2,689.00	2,765.30	-	2,837.40	2,788.35	2,728.00	2,740.65

## (C) SOME OTHER ADDITIONAL COSTS

### *Education*

Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	112.00
School Uniform (Grades 1-7)	90.00

### *Transport (bus fare round trip)*

Item	Amount (ZMW)
Lubwa-Town	50.00
Turn off-Town	50.00
Farmers Trade Centre-Town	40.00
Seed Farm-Town	40.00

### *Health*

item	Amount (ZMW)
Malaria test	15.00

### *Fuel (cost at the pump)*

Item	Amount (ZMW)
Petrol (per litre)	12.50
Diesel (per litre)	10.72
Paraffin (per litre)	6.81

## D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,017.09	2,982.58	3,103.45	3,211.17	4,631.10	4,120.87	3,722.75	2,594.98	2,624.50	1,752.34	2,090.12	3,449.20	3,869.90	3,597.98	1,398.40

This survey was conducted on 25<sup>th</sup> - 26<sup>th</sup> March, 2017 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Kabuta, Kalukungu market, new market and old market around Chinsali. The March Basic Needs Basket is approximately US\$146 based upon the exchange rate of K9.56 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

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2017-03-30

# Chinsali March 2017 Basic Needs and Nutrition Basket Report

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