

JCTR BASIC NEEDS AND NUTRITION BASKET

Ndola

August 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	102.57 25 kg bag	2 x 25Kg	205.14
Rice	153.53 5kg	4kg	122.83
Cassava Flour	21.03 1kg	6kg	126.16
(Sweet) Potatoes	12.33 1 Kg	4 Kg	49.33
Beans	27.35 1kg	3kg	82.04
Pounded Groundnut	16.82 1kg	1kg	16.82
Soya Pieces	26.17 1 kg	2kg	52.34
Beef	79.00 1kg	2kg	157.99
Chicken	142.12 2kg	5kg	355.30
Kapenta	114.01 1kg	1kg	114.01
Eggs	25.57 1 unit (10 eggs)	3 Trays (90 eggs)	230.12
Milk (Fresh)	10.27 500 ml	10 liters	205.40
Vegetables	398.79 40 Kg	40kg	398.79
Onion	17.95 1 Kg	4 Kg	71.80
Tomatoes	14.67 1 kg	6 kg	88.01
Banana	12.69 1 Kg	16 Kg	203.12
Other Fruits	21.29 1 kg	14 Kg	298.02
Cooking oil (2.5lts)	126.07 2.5lt	3.6lt	181.54
Salt	24.90 1 kg	1 Kg	24.90
Tea	86.50 250g	250g	86.50
SubTotal			ZMW 3,070.13

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	319.00 90kg bag(s)	2 90kg bag(s)	638.00
Soap (Lifebuoy/Champion)	12.85 Tablet(s)	3 Tablet(s)	38.56
Wash soap (BOOM)	18.64 400g	4 400g	74.56
Jelly (Vaseline)	48.57 500ml	1 500ml	48.57
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	161.00 Month(s)	1 Month(s)	161.00
Housing (3 bedroom)	2,118.00 Month(s)	1 Month(s)	2,118.00
Sanitary towels	26.93 Pack of 10	2 Pack of 10	53.85
Toilet Paper (2ply)	4.41 Tissue(s)	6 Tissue(s)	26.45
Lotion (Dawn)	32.35 400ml	1 400ml	32.35
Subtotal			ZMW 3,591.35

Total for Basic Needs and Nutrition Basket

ZMW 6,661.47

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 8-9 (User + PTA/year)	600.00	Chifubu-Town	14.00
Grades 10-12 (User + PTA/year)	600.00	Masala-Town	12.00
		Twapia-Town	16.00
		Mushili-Town	14.00
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Registration (book)	2.00	Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th August, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at masala market, Twapia market, Shoprite, pick N pay, mushili market, Lubuto market and Chifubu market. The August Basic Needs Basket is approximately US\$414 based upon the exchange rate Of K16.09 Other costs would include personal care, clothing, recreation, etc

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2021-08-31

Ndola December 2022 Basic Needs and Nutrition Basket Report

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