

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

August 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	97.74 25 kg bag	2 x 25Kg	195.48
Rice	276.59 5kg	4kg	221.27
Cassava Flour	54.62 1kg	6kg	327.74
(Sweet) Potatoes	14.80 1 Kg	4 Kg	59.21
Beans	40.28 1kg	3kg	120.84
Pounded Groundnut	52.87 1kg	1kg	52.87
Soya Pieces	35.63 1 kg	2kg	71.26
Beef	49.50 1kg	2kg	99.00
Chicken	107.08 2kg	5kg	267.69
Kapenta	78.95 1kg	1kg	78.95
Eggs	22.23 1 unit (10 eggs)	3 Trays (90 eggs)	200.09
Milk (Fresh)	10.21 500 ml	10 liters	204.15
Vegetables	1,189.00 40 Kg	40kg	1,189.00
Onion	36.87 1 Kg	4 Kg	147.46
Tomatoes	26.94 1 kg	6 kg	161.63
Banana	15.77 1 Kg	16 Kg	252.38
Other Fruits	34.39 1 kg	14 Kg	481.43
Cooking oil (2.5lts)	115.06 2.5lt	3.6lt	165.68
Salt	15.70 1 Kg	1 Kg	15.70
Tea	14.22 250g	250g	14.22
SubTotal			ZMW 4,326.05

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	180.00 90kg bag(s)	2 90kg bag(s)	360.00
Soap (Lifebuoy/Champion)	19.54 Tablet(s)	3 Tablet(s)	58.61
Wash soap (BOOM)	25.50 400g	4 400g	102.00
Jelly (Vaseline)	41.72 500ml	1 500ml	41.72
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	24.52 Pack of 10	2 Pack of 10	49.05
Toilet Paper (2ply)	3.96 Tissue(s)	6 Tissue(s)	23.75
Lotion (Dawn)	44.71 400ml	1 400ml	44.71
Subtotal			ZMW 3,517.83

Total for Basic Needs and Nutrition Basket

ZMW 7,843.88

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
		Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th August, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The August Basic Needs Basket is approximately US\$488 based upon the exchange rate Of K16.09. Other costs would include personal care, clothing, recreation, etc.

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2021-08-11

Solwezi December 2022 Basic Needs and Nutrition Basket Report

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