

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

April 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	91.99 25 kg bag	2 x 25Kg	183.99
Rice	107.30 5kg	4kg	85.84
Cassava Flour	23.92 1kg	6kg	143.51
(Sweet) Potatoes	9.56 1 Kg	4 Kg	38.22
Beans	24.83 1kg	3kg	74.49
Pounded Groundnut	21.56 1kg	1kg	21.56
Soya Pieces	45.35 1 kg	2kg	90.70
Beef	48.89 1kg	2kg	97.77
Chicken	74.36 2kg	5kg	185.89
Kapenta	270.16 1kg	1kg	270.16
Eggs	18.50 1 unit (10 eggs)	3 Trays (90 eggs)	166.50
Milk (Fresh)	14.17 500 ml	10 liters	283.30
Vegetables	220.67 40 Kg	40kg	220.67
Onion	27.88 1 Kg	4 Kg	111.51
Tomatoes	12.00 1 kg	6 kg	72.00
Banana	7.14 1 Kg	16 Kg	114.19
Other Fruits	16.50 1 kg	14 Kg	230.97
Cooking oil (2.5lts)	121.67 2.5lt	3.6lt	175.20
Salt	13.00 1 Kg	1 Kg	13.00
Tea	25.66 250g	250g	25.66
SubTotal			ZMW 2,605.13

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	241.20 90kg bag(s)	2 90kg bag(s)	482.40
Soap (Lifebuoy/Champion)	12.00 Tablet(s)	3 Tablet(s)	36.00
Wash soap (BOOM)	14.67 400g	4 400g	58.66
Jelly (Vaseline)	39.67 500ml	1 500ml	39.67
Electricity (medium density)	150.00 Month(s)	1 Month(s)	150.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	21.00 Pack of 10	2 Pack of 10	42.00
Toilet Paper (2ply)	4.25 Tissue(s)	6 Tissue(s)	25.49
Lotion (Dawn)	27.00 400ml	1 400ml	27.00
Subtotal			ZMW 2,481.21

Total for Basic Needs and Nutrition Basket

ZMW 5,086.34

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	256.67	Border-Town	20.00
Grades 8-9 (User + PTA/year)	933.33	Gonder-Town	15.00
Grades 10-12 (User + PTA/year)	1,050.00	Kapata-Town	14.00
School Uniform	172.00		

Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,743.89	3,973.17	4,729.47	4,876.92	6,382.74	6,852.06	5,081.47	5,086.34	5,105.30	5,947.50	6,955.58	6,720.71	6,615.57	5,297.26	5,906.59	5,970.53

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine market in Chipata. The April Basic Needs Basket is approximately US\$228 based upon the exchange rate Of K22.29 Other costs would include personal care, clothing, recreation, etc.

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2021-04-30

Chipata April 2021 Basic Needs and Nutrition Basket Report

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