

JCTR BASIC NEEDS BASKET

Luanshya

March 2017

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Mealie Meal	105.00	2 x 25 Kg	210.00
Beans	21.25	3 Kg	63.75
Kapenta (Dry)	172.50	2 Kg	345.00
Fish (Bream, Dry)	182.50	1 Kg	182.50
Beef	39.50	4 Kg	158.00
Dark Green Vegetables	6.00	4 Kg	24.00
Tomatoes	8.60	4 Kg	34.39
Onion	11.80	2 Kg	23.60
Cooking oil (2.5L)	46.00	3 Litres	55.20
Bread	7.56	1 Loaf/day	226.74
Sugar	24.90	3 x 2 Kg	74.69
Milk	7.40	4 x 500ml	29.59
Tea	44.00	1 Kg	44.00
Eggs	10.00	2 Units	20.00
Salt	10.12	1 Kg	10.12

Subtotal **ZMW 1,501.57**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Charcoal	67.50	2 x 90 Kg bag(s)	135.00
Soap (Lifebuoy/Champion)	5.50	10 Tablet(s)	54.98
Wash soap (BOOM)	9.20	4 x 400g	36.79
Jelly (e.g. Vaseline)	24.00	1 x 500ml	24.00

Subtotal **ZMW 250.77**

Total for Basic Needs Basket **ZMW 1,752.34**

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	125.00	Roan-Town	8.00
Grades 8-9 (User + PTA/year)	650.00		
Grades 10-12 (User + PTA/year)	930.00		

Health

Item	Amount (ZMW)
<i>Fuel (cost at the pump)</i>	
Petrol (per litre)	12.50
Diesel (per litre)	10.72
Paraffin (per litre)	8.03

D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,017.09	2,982.58	3,103.45	3,211.17	4,631.10	4,120.87	3,722.75	2,594.98	2,624.50	1,752.34	2,090.12	3,449.20	3,869.90	3,597.98	1,398.40

This survey was conducted on 26th -27th march, 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The march Basic Needs Basket is approximately US\$183 based upon the exchange rate of K9.56 per US\$ prevailing during period of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection (JCTR)

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Reports

Advocacy on Living Conditions

2017-03-30

Luanshya March 2017 Basic Needs and Nutrition Basket Report

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