

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

January 2018

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Breakfast	64.17 25kg	2 25kg	128.33
Beans	23.51 kg	3 kg	70.53
Kapenta (Dry)	136.67 kg	2 kg	273.33
Fish (Bream, Dry)	130.00 kg	1 kg	130.00
Beef	43.00 kg	4 kg	171.99
Vegetables	7.60 kg	4 kg	30.40
Tomatoes	7.83 kg	4 kg	31.33
Onion	10.67 kg	2 kg	21.33
Cooking oil (2.5lts)	45.33 Litres	2.5 Litres	49.90
Bread	7.83 Loaf/day	1 Loaf/day	234.95
Sugar	24.67 2kg	3 2kg	74.00
Milk	7.00 500ml	4 500ml	27.99
Tea	71.99 kg	1 kg	71.99
Eggs	10.06 unit (10 eggs)	2 unit (10 eggs)	20.11
Salt	7.91 kg	1 kg	7.91
SubTotal			ZMW 1,344.09

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	102.76 90kg bag(s)	2 90kg bag(s)	205.52
Soap (Lifebuoy/Champion)	5.30 Tablet(s)	10 Tablet(s)	52.98
Wash soap (BOOM)	8.88 400g	4 400g	35.53
Jelly (Vaseline)	29.83 500ml	1 500ml	29.83
Electricity (medium density)	223.00 95	1 95	223.00
Water & Sanitation (med - fixed)	77.00 95	1 95	77.00
Housing (3 bedroom)	1,500.00 95	1 95	1,500.00

Subtotal

ZMW 2,123.86

Total for Basic Needs and Nutrition Basket

ZMW 3,467.96

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)		
Grades 1-7 (User + PTA/year)	300.00		
Grades 8-9 (User + PTA/year)	1,050.00		
Grades 10-12 (User + PTA/year)	1,050.00		
School Uniform (Grades 1-7)	369.00		
School Uniform (Grades 8-12)	839.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
item	Amount (ZMW)	Item	Amount (ZMW)
Malaria Slide (Private)	25.00	Petrol (per litre)	13.70
		Diesel (per litre)	11.40
		Paraffin (per litre)	8.03

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

This survey was conducted on 27th December, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chinda, Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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2018-01-30

Kabwe January 2018 Basic Needs and Nutrition Basket Report

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