

JCTR BASIC NEEDS BASKET

Monze

September 2019

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	138.33 25 kg bag	2 x 25Kg	276.67
Rice	99.00 5kg	4kg	79.20
Cassava Flour	10.96 1kg	6kg	65.79
(Sweet) Potatoes	15.28 1 Kg	4 Kg	61.11
Beans	18.51 1kg	3kg	55.53
Pounded Groundnut	25.95 1kg	1kg	25.95
Soya Pieces	31.12 1 kg	2kg	62.24
Beef	31.67 1kg	2kg	63.33
Chicken	51.67 2kg	5kg	129.17
Kapenta	72.02 1kg	1kg	72.02
Eggs	10.00 1 unit (10 eggs)	3 Trays (90 eggs)	90.00
Milk (Fresh)	8.00 500 ml	10 liters	160.00
Vegetables	234.56 40 Kg	40kg	234.56
Onion	13.58 1 Kg	4 Kg	54.31
Tomatoes	7.34 1 kg	6 kg	44.06
Banana	8.62 1 Kg	16 Kg	137.93
Other Fruits	17.29 1 kg	14 Kg	242.07
Cooking oil (2.5lts)	63.33 2.5lt	3.6lt	91.20
Salt	7.33 1 Kg	1 Kg	7.33
Subtotal			ZMW 1,952.47

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	90.00 90kg bag(s)	2 90kg bag(s)	180.00
Soap (Lifebuoy/Champion)	8.67 Tablet(s)	3 Tablet(s)	26.00
Wash soap (BOOM)	10.67 400g	4 400g	42.67
Jelly (Vaseline)	18.67 500ml	1 500ml	18.67
Electricity (medium density)	300.00 Month(s)	1 Month(s)	300.00
Water & Sanitation (med - fixed)	250.00 Month(s)	1 Month(s)	250.00
Housing (3 bedroom)	1,800.00 Month(s)	1 Month(s)	1,800.00
Sanitary towels	26.00 Pack of 10	2 Pack of 10	52.00
Toilet Paper (2ply)	14.00 Tissue(s)	6 Tissue(s)	84.00
Lotion (Dawn)	15.00 250ml	1 250ml	15.00
Subtotal			ZMW 2,768.33

Total for Basic Needs Basket

ZMW 4,720.80

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round trip)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	270.00	Petrol (per litre)	15.98
Grades 8-9 (User + PTA/year)	600.00	Diesel (per litre)	14.23
Grades 10-12 (User + PTA/year)	600.00	Paraffin (per litre)	13.02
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	150.00		
Self-referral (Emergency Fee)	40.00		
Malaria test	50.00		

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
6,327	4,044	3,929	3,959	6,208	5,570	4,721	5,302	3,927	4,970	4,457	5,871	5,317	4,418	4,621.23	4,565

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples and Oranges.

This survey was conducted from 27th September, 2019 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The September Basic Needs Basket is approximately US\$326 based upon an average exchange rate of K13 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2019-09-30

Monze September 2019 Basic Needs and Nutrition Basket report

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