

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

April 2020

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	155.83 25 kg bag	2 x 25Kg	311.66
Rice	185.50 5kg	4kg	148.40
Cassava Flour	74.04 1kg	6kg	444.24
(Sweet) Potatoes	12.99 1 Kg	4 Kg	51.97
Beans	42.78 1kg	3kg	128.35
Pounded Groundnut	51.42 1kg	1kg	51.42
Soya Pieces	11.56 1 kg	2kg	23.11
Beef	34.19 1kg	2kg	68.38
Chicken	72.17 2kg	5kg	180.41
Kapenta	126.18 1kg	1kg	126.18
Eggs	14.44 1 unit (10 eggs)	3 Trays (90 eggs)	130.00
Milk (Fresh)	6.29 500 ml	10 liters	125.83
Vegetables	924.68 40 Kg	40kg	924.68
Onion	22.52 1 Kg	4 Kg	90.07
Tomatoes	16.74 1 kg	6 kg	100.41
Banana	33.57 1 Kg	16 Kg	537.17
Other Fruits	40.28 1 kg	14 Kg	563.86
Cooking oil (2.5lts)	82.25 2.5lt	3.6lt	118.44
Salt	5.54 1 Kg	1 Kg	5.54
Tea	18.29 250g	250g	18.29
SubTotal			ZMW 4,148.41

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	137.60 90kg bag(s)	2 90kg bag(s)	275.20
Soap (Lifebuoy/Champion)	10.44 Tablet(s)	3 Tablet(s)	31.33
Wash soap (BOOM)	18.77 400g	4 400g	75.07
Jelly (Vaseline)	47.50 500ml	1 500ml	47.50
Electricity (medium density)	350.00 Month(s)	1 Month(s)	350.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	2,200.00 Month(s)	1 Month(s)	2,200.00
Sanitary towels	25.00 90kg bag(s)	2 90kg bag(s)	50.00
Sanitary towels	29.90 Pack of 10	2 Pack of 10	59.80
Toilet Paper (2ply)	4.58 Tissue(s)	6 Tissue(s)	27.48
Lotion (Dawn)	43.60 250ml	1 250ml	43.60
Subtotal			ZMW 3,279.97

Total for Basic Needs and Nutrition Basket

ZMW 7,428.38

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	150.00	Chawama-Town	12.00
Grades 8-9 (User + PTA/year)	1,680.00	Mitec-Town	14.00
Grades 10-12 (User + PTA/year)	2,250.00		
Health		Fuel (cost at the pump)	
item	Amount (ZMW)	Item	Amount (ZMW)
Self-referral (Emergency Fee)	50.00	Petrol (per litre)	17.62
Malaria test	50.00	Diesel (per litre)	15.59
Consultation Fee	50.00	Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
7,158.67	3,860.28	4,307.92	4,226.03	5,896.79	7,428.38	5,389.04	4,441.86	3,890.14	5,280.69	5,361.73	6,048.36	5,404.36	5,240.95	6,639.90	5,060.29

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th April, 2020 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The April Basic Needs Basket is approximately US\$398 based upon the exchange rate of K18.68. Other costs would include personal care, clothing, recreation, etc.

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2020-04-30

Solwezi April 2020 Basic Needs and Nutrition Basket Report

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