

# JCTR BASIC NEEDS BASKET

**Choma**

**April 2017**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

| Commodity             | Price (ZMW) | Quantity | Units    | Total (ZMW) |
|-----------------------|-------------|----------|----------|-------------|
| Mealie Meal           | 91.83       | 2        | x 25 Kg  | 183.65      |
| Beans                 | 22.73       | 3        | Kg       | 68.20       |
| Kapenta (Dry)         | 121.85      | 2        | Kg       | 243.69      |
| Fish (Bream, Dry)     | 91.29       | 1        | Kg       | 91.29       |
| Beef                  | 29.74       | 4        | Kg       | 118.95      |
| Dark Green Vegetables | 3.22        | 4        | Kg       | 12.88       |
| Tomatoes              | 5.86        | 4        | Kg       | 23.44       |
| Onion                 | 10.66       | 2        | Kg       | 21.33       |
| Cooking oil (2.5L)    | 46.63       | 3        | Litres   | 55.95       |
| Bread                 | 8.63        | 1        | Loaf/day | 258.75      |
| Sugar                 | 25.38       | 3        | x 2 Kg   | 76.13       |
| Milk                  | 7.39        | 4        | x 500ml  | 29.55       |
| Tea                   | 129.40      | 1        | Kg       | 129.40      |
| Eggs                  | 10.21       | 2        | Units    | 20.42       |
| Salt                  | 6.48        | 1        | Kg       | 6.48        |

**Subtotal**

**ZMW 1,340.08**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

| Commodity                        | Price (ZMW) | Quantity | Units          | Total (ZMW) |
|----------------------------------|-------------|----------|----------------|-------------|
| Charcoal                         | 183.60      | 2        | x 90 Kg bag(s) | 367.20      |
| Soap (Lifebuoy/Champion)         | 5.30        | 10       | Tablet(s)      | 53.00       |
| Wash soap (BOOM)                 | 9.45        | 4        | x 400g         | 37.80       |
| Jelly (e.g. Vaseline)            | 20.38       | 1        | x 500ml        | 20.38       |
| Electricity (medium density)     | 301.37      | 1        | x 1month       | 301.37      |
| Water & Sanitation (med - fixed) | 96.00       | 1        | x 1month       | 96.00       |
| Housing (3 bedroom)              | 1,500.00    | 1        | x 1month       | 1,500.00    |

**Subtotal**

**ZMW 2,375.75**

**Total for Basic Needs Basket**

**ZMW 3,715.83**

| Totals from previous months | Feb 16   | Mar 16   | Apr 16   | May 16   | Jun 16   | July 16  | Aug 16   | Sept 16  | Oct 16   | Nov 16   | Dec 16   | Jan 16   | Feb 16   | Mar 16   |
|-----------------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| Amount (K)                  | 3,476.34 | 3,480.08 | 3,484.87 | 3,427.89 | 3,569.84 | 3,455.57 | 3,539.27 | 3,622.93 | 3,575.98 | 3,575.83 | 3,717.50 | 3,662.44 | 3,714.90 | 3,597.98 |

## (C) SOME OTHER ADDITIONAL COSTS

### **Education**

| Item                           | Amount (ZMW) |
|--------------------------------|--------------|
| Grades 1-7 (User + PTA/year)   | 150.00       |
| Grades 8-9 (User + PTA/year)   | 375.00       |
| Grades 10-12 (User + PTA/year) | 1,227.50     |

### **Transport (bus fare round trip)**

| Item            | Amount (ZMW) |
|-----------------|--------------|
| Kalukungu-Town  | 14.00        |
| Macha Road-Town | 14.00        |

### **Health**

| Item                       | Amount (ZMW) |
|----------------------------|--------------|
| Fast Track / High Cost fee | 100.00       |
| Mosquito net (private)     | 60.00        |
| Malaria test               | 40.00        |
| Consultation Fee           | 100.00       |
| CD4 Count                  | 77.00        |

### **Fuel (cost at the pump)**

| Item                 | Amount (ZMW) |
|----------------------|--------------|
| Petrol (per litre)   | 12.50        |
| Diesel (per litre)   | 10.72        |
| Paraffin (per litre) | 6.81         |

## D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN APRIL

| Lusaka   | Kasama   | Mansa    | Mongu    | Ndola    | Solwezi  | Monze    | Chipata  | Mpika    | Luanshya | Kitwe    | Kabwe    | Livingstone | Choma    | Chinsali |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|----------|----------|
| 5,017.09 | 3,056.91 | 3,319.76 | 3,041.76 | 4,612.35 | 4,034.00 | 3,746.50 | 2,646.25 | 2,641.60 | 3,688.43 | 3,983.53 | 3,439.03 | 3,869.90    | 3,715.83 | 2,906.65 |

*This survey was conducted on 26<sup>th</sup> – 27<sup>th</sup> April, 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at spar, macha road, makalanguzu and kalukungu. The April Basic Needs Basket is approximately US\$399 based upon the exchange rate of K9.31 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc. Jesuit*

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**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

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Reports

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# Choma April 2017 Basic Needs and Nutrition Basket

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