

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

April 2022

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	153.96 25 kg bag	2 x 25Kg	307.92
Rice	108.62 5kg	4kg	87.08
Cassava Flour	11.61 1kg	6kg	69.60
(Irish) Potato	14.53 1 Kg	4 Kg	58.11
Beans	24.77 1kg	3kg	74.31
Pounded Groundnut	20.80 1kg	1kg	20.80
Soya Pieces	45.50 1 kg	2kg	91.00
Beef	83.32 1kg	2kg	166.64
Chicken	110 2kg	5kg	275.00
Kapenta	126.67 1kg	1kg	126.67
Eggs	21.75 1 unit (10 eggs)	3 Trays (90 eggs)	195.74
Milk (Fresh)	14.33 500 ml	10 liters	286.60
Vegetables	428.50 40 Kg	40kg	428.19
Onion	23.57 1 Kg	4 Kg	94.28
Tomatoes	25.18 1 kg	6 kg	151.08
Banana	17.19 1 Kg	16 Kg	275.04
Other Fruits	26.52 1 kg	14 Kg	371.28
Cooking oil (2.5lts)	127.21 2.5lt	3.6lt183.18	
Salt	10.25 1 Kg	1 Kg	10.25
Tea	17.83 250g	250g	17.83
Sub Total			ZMW 3,290.60

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	158.33 90kg bag(s)	2 90kg bag(s)	316.66
Soap (Lifebuoy/Champion)	15.00 Tablet(s)	3 Tablet(s)	45.00
Wash soap (BOOM)	22.00 400g	4 400g	88.00
Electricity (medium density)	171.00 Month(s)	1 Month(s)	171.00
Water & Sanitation (med - fixed)	185.00 Month(s)	1 Month(s)	185.00
Housing (3 bedroom)	1,115.00 Month(s)	1 Month(s)	1,115.00
Jelly (Vaseline)	41.75 500ml	1 500ml	41.75
Sanitary towels	22.50 Pack of 10	2 Pack of 10	45.00
Toilet Paper (2ply)	4.00 Tissue(s)	6 Tissue(s)	24.00
Lotion (Dawn)	31.25 400ml	1 400ml	31.25
Subtotal			ZMW 2,062.41
Total for Basic Needs and Nutrition Basket			ZMW 5,353.01

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
School Uniform (Grades 8-12)	450.00

Transport (bus fare round trip)

Item	Amount (ZMW)
Chibesa-Town	150.00
Turn off-Town	150.00

Health

Fuel (cost at the pump March, 2022)

Item	Amount (ZMW)
Petrol (per litre)	26.50
Diesel (per litre)	26.22

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
9,326.41	4,929.03	5,046.50	5,046.50	7,419.56	7,786.89	5,681.23	5,821.51	5,905.33	6,258.75	7,210.13	7,083.61	6,409.65	5,864.11	5,353.01	6,453.27

This survey was conducted on 25th April 2022, by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were Calculated on the basis of prices gathered from retail outlets at Kalungu, Kabatamba, New and Old market as well as Schools, clinics/hospitals, and filling stations around Chinsali. The April Basic Needs and Nutrition Basket is approximately US\$316.013 based on the exchange rate of K16.94 other costs would include personal care, clothing, recreation, etc.

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2022-04-30

Chinsali April 2022 Basic Needs and Nutrition Basket Report

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