

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

March 2022

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	147.50 25 kg bag	2 x 25Kg	295.00
Rice	100.00 5kg	4kg	80.00
Cassava Flour	14.58 1kg	6kg	87.50
(Irish) Potatoes	16.25 1 Kg	4 Kg	65.00
Beans	33.06 1kg	3kg	99.19
Pounded Groundnut	29.66 1kg	1kg	29.66
Soya Pieces	47.62 1 kg	2kg	95.24
Beef	72.50 1kg	2kg	145.00
Chicken	109.00 2kg	5kg	272.50
Kapenta	159.50 1kg	1kg	159.50
Eggs	20.00 1 unit (10 eggs)	3 Trays (90 eggs)	179.99
Milk (Fresh)	17.50 500 ml	10 liters	349.90
Vegetables	415.44 40 Kg	40kg	415.44
Onion	17.14 1 Kg	4 Kg	68.55
Tomatoes	15.93 1 kg	6 kg	95.57
Banana	17.02 1 Kg	16 Kg	272.24
Other Fruits	18.33 1 kg	14 Kg	256.67
Cooking oil (2.5lts)	132.50 2.5lt	3.6lt	190.80
Salt	10.00 1 Kg	1 Kg	10.00
Tea	20.00 250g	250g	20.00
Sub Total			ZMW 3,187.74

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	188.50 90kg bag(s)	2 90kg bag(s)	377.00
Soap (Lifebuoy/Champion)	15.25 Tablet(s)	3 Tablet(s)	45.75
Wash soap (BOOM)	18.00 400g	4 400g	72.00
Jelly (Vaseline)	45.00 500ml	1 500ml	45.00
Sanitary towels	23.00 Pack of 10	2 Pack of 10	46.00
Toilet Paper (2ply)	5.00 Tissue(s)	6 Tissue(s)	30.00
Lotion (Dawn)	36.75 400ml	1 400ml	36.75
Subtotal			ZMW 2,347.70

Total for Basic Needs and Nutrition Basket **ZMW 5,535.44**

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
School Uniform (Grades 8-12)	283.50	Maiteneke-Town	22.00
		Kaole -Town	18.00
Health		Fuel (cost at the pump March, 2022)	
		Item	Amount (ZMW)
		Petrol (per litre)	21.96
		Diesel (per litre)	21.54
	Paraffin (per litre)	15.39	

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
9,411.54	4,952.87	5,535.44	5,161.08	7,392.31	7,728.20	5,673.25	6,193.28	5,805.29	6,318.00	7,101.57	6,828.55	6,462.12	5,909.14	5,361.44	6,725.60

This survey was conducted on 25th January, 2022 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were Calculated on the basis of prices gathered from retail outlets at Kaole, main market, Chilyapa market, Down UB market and Shoprite Super market and Schools, Clinics/hospitals, and filling stations around Mansa. The January Basic Needs and Nutrition Basket is approximately US\$ 314.51 based on the exchange rate of K17.60. Other costs would include personal care, clothing, recreation, etc.

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2022-03-31

Mansa March 2022 Basic Needs and Nutrition Basket Report

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