

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

February 2022

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	122.50 25 kg bag	2 x 25Kg	245.00
Rice	118.75 5kg	4kg	95.00
Cassava Flour	13.50 1kg	6kg	80.97
(Irish) Potatoes	18.55 1 Kg	4 Kg	74.21
Beans	31.29 1kg	3kg	93.87
Pounded Groundnut	50.68 1kg	1kg	50.68
Soya Pieces	50.11 1 kg	2kg	100.21
Beef	68.75 1kg	2kg	137.50
Chicken	125.00 2kg	5kg	312.49
Kapenta	233.33 1kg	1kg	233.33
Eggs	19.75 1 unit (10 eggs)	3 Trays (90 eggs)	177.74
Milk (Fresh)	14.00 500 ml	10 liters	279.93
Vegetables	405.67 40 Kg	40kg	405.67
Onion	34.77 1 Kg	4 Kg	139.09
Tomatoes	16.54 1 kg	6 kg	99.25
Banana	11.33 1 Kg	16 Kg	181.28
Other Fruits	27.73 1 kg	14 Kg	388.18
Cooking oil (2.5lts)	126.67 2.5lt	3.6lt	182.40
Salt	10.00 1 Kg	1 Kg	10.00
Tea	13.67 250g	250g	13.67
Sub Total			ZMW 3,300.48

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	203.00 90kg bag(s)	2 90kg bag(s)	406.00
Soap (Lifebuoy/Champion)	13.50 Tablet(s)	3 Tablet(s)	40.50
Wash soap (BOOM)	16.50 400g	4 400g	66.00
Jelly (Vaseline)	35.00 500ml	1 500ml	35.00
Electricity (medium density)	311.00 Month(s)	1 Month(s)	311.00
Water & Sanitation (med - fixed)	252.00 Month(s)	1 Month(s)	252.00
Housing (3 bedroom)	2,550.00 Month(s)	1 Month(s)	2,550.00
Sanitary towels	21.00 Pack of 10	2 Pack of 10	42.00
Toilet Paper (2ply)	4.50 Tissue(s)	6 Tissue(s)	27.00
Lotion (Dawn)	32.50 400ml	1 400ml	32.50
Subtotal			ZMW 3,762.00
Total for Basic Needs and Nutrition Basket			ZMW 7,062.48

(C) SOME OTHER ADDITIONAL COSTS

Item	Amount (ZMW)
Town- Ngunugu	14.00
Town- Lukanga	12.00
Town-Makuluku	14.00
School Uniform (Grades 8-12)	385.00

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	21.96
Diesel (per litre)	21.54
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
9,305.38	4,756.50	5,343.93	5,043.46	7,382.9	7,642.26	5,589.99	6,560.66	5,915.73	6,344.84	7,062.48	7,062.48	6,677.32	5,864.69	4,923.69	6,216.69

. This survey was conducted on 25th January, 2022 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were Calculated on the basis of prices gathered from retail outlets at Kamanda Market, Katondo Marklet, Nakoli Market and Shoprite Super market and Schools, Clinics/hospitals, and filling stations around Kabwe. The January Basic Needs and Nutrition Basket is approximately US\$396.76 based on the exchange rate of K17.80 Other costs would include personal care, clothing, recreation, etc.

Jesuit Centre

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Reports

Advocacy on Living Conditions

2022-02-28

Kabwe February 2022 Basic Needs and Nutrition Basket Report

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