

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

January 2022

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	134.17 25 kg bag	2 x 25Kg	268.33
Rice	105.63 5kg	4kg	84.50
Cassava Flour	23.93 1kg	6kg	143.59
(Sweet) Potatoes	14.01 1 Kg	4 Kg	56.06
Beans	32.76 1kg	3kg	98.29
Pounded Groundnut	36.06 1kg	1kg	36.06
Soya Pieces	39.69 1 kg	2kg	79.38
Beef	48.67 1kg	2kg	97.34
Chicken	134.08 2kg	5kg	335.20
Kapenta	110.99 1kg	1kg	110.99
Eggs	19.94 1 unit (10 eggs)	3 Trays (90 eggs)	179.50
Milk (Fresh)	14.50 500 ml	10 liters	289.93
Vegetables	512.49 40 Kg	40kg	512.49
Onion	28.41 1 Kg	4 Kg	113.65
Tomatoes	26.39 1 kg	6 kg	158.35
Banana	14.04 1 Kg	16 Kg	224.56
Other Fruits	22.22 1 kg	14 Kg	311.14
Cooking oil (2.5lts)	116.00 2.5lt	3.6lt	167.04
Salt	11.97 1 Kg	1 Kg	11.97
Tea	41.81 250g	250g	41.81
Sub Total			ZMW 3,320.20

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	175.00 90kg bag(s)	2 90kg bag(s)	350.00
Soap (Lifebuoy/Champion)	15.40 Tablet(s)	3 Tablet(s)	42.60
Wash soap (BOOM)	18.99 400g	4 400g	75.95
Jelly (Vaseline)	41.57 500ml	1 500ml	41.57
Electricity (medium density)	428.80 Month(s)	1 Month(s)	428.80
Water & Sanitation (med - fixed)	284.8.00 Month(s)	1 Month(s)	284.80
Housing (3 bedroom)	2,968.00 Month(s)	1 Month(s)	2,968.00
Sanitary towels	23.67 Pack of 10	2 Pack of 10	47.33
Toilet Paper (2ply)	6.40 Tissue(s)	6 Tissue(s)	38.39
Lotion (Dawn)	38.50 400ml	1 400ml	38.50
Subtotal			ZMW 4,314.24
Total for Basic Needs and Nutrition Basket			ZMW 7,634.44

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
School Uniform	820.00	Chawama-Town	15.00
		Mitec-Town	15.00
Health		Fuel (cost at the pump)	
		Item	Amount (ZMW)
		Petrol (per litre)	19.16
		Diesel (per litre)	18.93
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
9,049.25	4,565.16	5,083.38	5,307.38	7,239.43	7,634.44	5,316.32	6,284.07	5,443.14	6,017.50	6,811.90	6,770.80	5,982.51	5,535.33	5,071.74	6,216.69

This survey was conducted on 25th January, 2022 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Kyawama market, Zambia market, Messenger market, Mitec market and Shoprite super market and Schools, Clinics/hospitals, and filling stations around Solwezi. The December Basic Needs Basket is approximately US\$415.59 based on the exchange rate of K18.37. Other costs would include personal care, clothing, recreation, etc.

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2022-01-31

Solwezi January 2022 Basic Needs and Nutrition Basket Report

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