JCTR BASIC NEEDS AND NUTRITION BASKET

Luanshya

December 2018

Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS Education Transport (bus fare round trip) Item Amount (ZMW) Item ZMW 4,025.0	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Rapenta (Dry)	94.30 25kg	2 25kg	188.60
Fish (Bream, Dry)	21.67 kg	3 kg	65.00
Seef	164.00 kg	2 kg	328.00
Vegetables 6.00 kg 4 kg 24.00 Tomatoes 10.00 kg 4 kg 40.00 Onion 14.17 kg 2 kg 28.33 Cooking oil (2.5lts) 46.50 Litres 3 Litres 55.80 Bread 7.50 Loaf/day 1 Loaf/day 224.95 Sugar 25.33 2kg 3 2kg 76.00 Milk 7.42 500ml 4 500ml 29.66 Tea 39.66 kg 1 kg 39.66 Eggs 9.67 unit (10 eggs) 2 unit (10 eggs) 19.33 Salt 11.00 kg 1 kg 39.66 Eggs 9.67 unit (10 eggs) 2 unit (10 eggs) 19.33 Salt 11.00 kg 1 kg 39.06 Eggs 9.67 unit (10 eggs) 2 unit (10 eggs) 19.33 Salt 11.00 kg 1 kg 39.06 Eggs 9.67 unit (10 eggs) 2 unit (10 eggs) 39.00 Salt tell 10.00 unit (10 eggs) 39.06 39.06 Eggs 9 kg bag(s) 2 90 kg bag(s)<	200.00 kg	1 kg	200.00
Tomatoes	40.50 kg	4 kg	161.99
Conion	6.00 kg	4 kg	24.00
Cooking oil (2.5lts)	10.00 kg	4 kg	40.00
Bread 7.50 Loaf/day 1 Loaf/day 224.95 Sugar 25.33 2kg 3 2kg 76.00 Milk 7.42 500ml 4 500ml 29.66 Tea 39.66 kg 1 kg 39.66 Eggs 9.67 unit (10 eggs) 2 unit (10 eggs) 19.33 Salt 11.00 kg 1 kg 11.00 Inditional Indit	14.17 kg	2 kg	28.33
Sugar 25.33 2kg 3 2kg 76.00 Milk 7.42 500ml 4 500ml 29.66 Tea 39.66 kg 1 kg 39.66 Eggs 9.67 unit (10 eggs) 19.33 Salt 11.00 kg 1 kg 11.00 EMP 1.492. Eggs 11.00 EMP 1.492. Emp 11.00 EMP 1.492. Emp 11.00 Emp 1.492. Emp 1.49	46.50 Litres	3 Litres	55.80
Milk 7.42 500ml 4 500ml 29.66 Tea 39.66 kg 1 kg 39.66 Tea 39.66 kg 1 kg 39.66 kg 19.33 Tea 39.66 kg 1 kg 1 kg 10.00 kg 10.00 kg 10 kg 1 kg 10.00 kg 10 k	7.50 Loaf/day	1 Loaf/day	224.95
Tea 39.66 kg 1 kg 39.66 kg 1 kg 39.66 kg	25.33 2kg	3 2kg	76.00
Eggs 9.67 unit (10 eggs) 2 unit (10 eggs) 19.33 Salt 11.00 kg 1 kg 11.00 ZMW 1,492. B) COST OF ESSENTIAL NON-FOOD ITEMS Commodity Price(ZMW) / Unit Quantity / Month Total (ZMW) Charcoal 196.00 90kg bag(s) 2 90kg bag(s) 392.00 Soap (Lifebuoy/Champion) 9.75 Tablet(s) 10 Tablet(s) 97.48 Wash soap (BOOM) 10.00 400g 4 400g 39.99 Jelly (Vaseline) 21.41 500ml 1 500ml 21.41 Electricity (medium density) 292.00 95 1 95 292.00 Water & Sanitation (med - fixed) 189.80 95 1 95 189.80 Housing (3 bedroom) 1,500.00 95 1 95 1,500.00 Subtotal ZMW 2,532.4 Transport (bus fare round trip) Iducation Transport (bus fare round trip) Iducation Amount (ZMW) Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town Amount (ZMW) Grades 10-12 (User + P	7.42 500ml	4 500ml	29.66
Salt	39.66 kg	1 kg	39.66
SubTotal SubCost OF ESSENTIAL NON-FOOD ITEMS Substitution	9.67 unit (10 eggs)	2 unit (10 eggs)	19.33
COST OF ESSENTIAL NON-FOOD ITEMS Commodity Price(ZMW) / Unit Quantity / Month Total (ZMW)	11.00 kg	1 kg	11.00
Charcoal 196.00 90kg bag(s) 2 90kg bag(s) 392.00 Soap (Lifebuoy/Champion) 9.75 Tablet(s) 10 Tablet(s) 97.48 Wash soap (BOOM) 10.00 400g 4 400g 39.99 Jelly (Vaseline) 21.41 500ml 1 500ml 21.41 Electricity (medium density) 292.00 95 1 95 292.00 Water & Sanitation (med - fixed) 189.80 95 1 95 189.80 Housing (3 bedroom) 1,500.00 95 1 95 1,500.00 Subtotal ZMW 2,532.6 Total for Basic Needs and Nutrition Basket ZMW 4,025.6 C) SOME OTHER ADDITIONAL COSTS Transport (bus fare round trip) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	<u>D ITEMS</u>		ZMW 1,492.3
Soap (Lifebuoy/Champion) 9.75 Tablet(s) 10 Tablet(s) 97.48	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Wash soap (BOOM) 10.00 400g 4 400g 39.99 Jelly (Vaseline) 21.41 500ml 1 500ml 21.41 Electricity (medium density) 292.00 95 1 95 292.00 Water & Sanitation (med - fixed) 189.80 95 1 95 189.80 Housing (3 bedroom) 1,500.00 95 1 95 1,500.00 Subtotal ZMW 2,532.0 Total for Basic Needs and Nutrition Basket ZMW 4,025.0 C) SOME OTHER ADDITIONAL COSTS Transport (bus fare round trip) Education Transport (bus fare round trip) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	196.00 90kg bag(s)	2 90kg bag(s)	392.00
Selly (Vaseline)	9.75 Tablet(s)	10 Tablet(s)	97.48
Electricity (medium density) 292.00 95 1 95 292.00 Water & Sanitation (med - fixed) 189.80 95 1 95 189.80 Housing (3 bedroom) 1,500.00 95 1 95 1,500.00 Subtotal ZMW 2,532.0 Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS Education Transport (bus fare round trip) Item Amount (ZMW) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	10.00 400g	4 400g	39.99
Water & Sanitation (med - fixed) 189.80 95 1 95 189.80 Housing (3 bedroom) 1,500.00 95 1 95 1,500.00 Subtotal ZMW 2,532.4 Total for Basic Needs and Nutrition Basket ZMW 4,025.6 C) SOME OTHER ADDITIONAL COSTS Transport (bus fare round trip) Item Amount (ZMW) Item Amount (ZMW Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	21.41 500ml	1 500ml	21.41
Housing (3 bedroom) 1,500.00 95 1 95 1,500.00 Subtotal Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS Education Transport (bus fare round trip) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala	292.00 95	1 95	292.00
Subtotal Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS Education Transport (bus fare round trip) Item Amount (ZMW) Grades 8-9 (User + PTA/year) Grades 10-12 (User + PTA/year) 1,000.00 Total for Basic Needs and Nutrition Basket ZMW 4,025.00 ZM	189.80 95	1 95	189.80
Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS Education Transport (bus fare round trip) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 1,000.00 Roan - Kalala ZMW 4,025.00 Amount trip) My 4,025.00 Amount (ZMW) Amount (ZMW) Amount (ZMW) Roan - Kalala 8.00 ZMW 4,025.00 Amount (ZMW)	1,500.00 95	1 95	1,500.00
C) SOME OTHER ADDITIONAL COSTS Education Transport (bus fare round trip) Item Amount (ZMW) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.			ZMW 2,532.68
Education Transport (bus fare round trip) Item Amount (ZMW) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.			ZMW 4,025.00
Item Amount (ZMW) Item Amount (ZMW) Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	<u>313</u>	Transport (hus fare very divin)	
Grades 8-9 (User + PTA/year) 390.00 Mpatamatu-Town 16. Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	Amount (7N/N/)		Amount (7h4)4/
Grades 10-12 (User + PTA/year) 1,000.00 Roan - Kalala 8.	AIIIOUIIL (ZIVIVV)		•
	222 22		
		·	16.00
• •	•	94.30 25kg 21.67 kg 164.00 kg 200.00 kg 40.50 kg 6.00 kg 10.00 kg 14.17 kg 46.50 Litres 7.50 Loaf/day 25.33 2kg 7.42 500ml 39.66 kg 9.67 unit (10 eggs) 11.00 kg Price(ZMW) / Unit 196.00 90kg bag(s) 9.75 Tablet(s) 10.00 400g 21.41 500ml 292.00 95 189.80 95 1,500.00 95	94.30 25kg 2 25kg 21.67 kg 3 kg 164.00 kg 2 kg 200.00 kg 1 kg 40.50 kg 4 kg 6.00 kg 4 kg 10.00 kg 4 kg 14.17 kg 2 kg 46.50 Litres 3 Litres 7.50 Loaf/day 1 Loaf/day 25.33 2kg 3 2kg 7.42 500ml 4 500ml 39.66 kg 1 kg 9.67 unit (10 eggs) 2 unit (10 eggs) 11.00 kg 1 kg DITEMS Price(ZMW) / Unit Quantity / Month 196.00 90kg bag(s) 2 90kg bag(s) 9.75 Tablet(s) 10 Tablet(s) 10.00 400g 4 400g 21.41 500ml 1 500ml 292.00 95 1 95 189.80 95 1 95 1,500.00 95 1 95 rition Basket STS Transport (bus fare round trip)

Fuel (cost at the pump)

Item

Petrol (per litre) Diesel (per litre) Amount (ZMW)

16.06

14.65

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Amount (ZMW)

10.00

Health

item

Malaria test

Kabwata, Matero and Schools, clinics/hospitals, and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$442 based upon the exchange rate Of K14.65. Other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2018-12-31

Luanshya December 2018 Basic Needs and Nutrition Basket Report

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