

# JCTR BASIC NEEDS BASKET

Lusaka

November 2017

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Mealie Meal	55.86	2 x 25 Kg	111.71
Beans	28.17	3 Kg	84.50
Kapenta (Dry)	246.83	2 Kg	493.67
Fish (Bream, Dry)	131.00	1 Kg	131.00
Beef	36.21	4 Kg	144.85
Dark Green Vegetables	7.48	4 Kg	29.92
Tomatoes	7.36	4 Kg	29.42
Onion	5.57	2 Kg	11.14
Cooking oil (2.5L)	45.69	3 Litres	54.83
Bread	7.54	1 Loaf/day	226.29
Sugar	25.40	3 x 2 Kg	76.20
Milk	7.58	4 x 500ml	30.33
Tea	70.00	1 Kg	70.00
Eggs	10.00	2 Units	20.00
Salt	8.56	1 Kg	8.56

**Subtotal** **ZMW 1,522.42**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity Units	Total (ZMW)
Charcoal	124.00	2 x 90 Kg bag(s)	248.00
Soap (Lifebuoy/Champion)	5.08	10 Tablet(s)	50.83
Wash soap (BOOM)	10.20	1 x 400g	35.66
Jelly (e.g. Vaseline)	20.43	1 x 500ml	20.43
Electricity (medium density)	200.00	1 x 1month	200.00
Water & Sanitation (med - fixed)	197.20	1 x 1month	197.20
Housing (3 bedroom)	2,650.00	1 x 1month	2,650.00

**Subtotal** **ZMW 3,402.12**

**Total for Basic Needs Basket** **ZMW 4,924.54**

Totals from previous months	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	June 17	July 17	Aug 17	Sep 17
Amount (K)	4,810.52	4,820.70	4,870.89	4,934.09	5,036.28	5,005.14	4,976.67	4,935.46	4,918.76	5,017.09	4,973.03	4,952.69	4,958.52	4,859.35	4,928.37	4,883.57

## (C) SOME OTHER ADDITIONAL COSTS

### *Education*

Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	145.00
Grades 8-9 (User + PTA/year)	500.00
Grades 10-12 (User + PTA/year)	975.00

### *Transport (bus fare round trip)*

Item	Amount (ZMW)
Chilenje - Town	7.00
Chelston - town	7.00
Matero - Town	6.00

### *Health*

Item	Amount (ZMW)
Fast Track / High Cost fee	10.00
Self-referral (Emergency Fee)	5.50
Mosquito net (private)	75.00

### *Fuel (cost at the pump)*

Item	Amount (ZMW)
Petrol (per litre)	12.97
Diesel (per litre)	11.09
Paraffin (per litre)	9.87

**D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER**

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,924.54	3,033.65	2,945.15	3,033.33	4,875.93	4,034.11	3,746.55	2,448.90	-	3,668.43	4,035.74	3,534.03	3,773.60	3,654.36	2,866.75

This survey was conducted on 27th November 2017 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The November Basic Needs Basket is approximately US\$488 based upon the exchange rate of K10.09 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

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# Lusaka November 2017 Basic Needs and Nutrition Basket Report

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