

# JCTR BASIC NEEDS BASKET

Luanshya

November 2017

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	63.00	2	x 25 Kg	126.00
Beans	21.00	3	Kg	63.00
Kapenta (Dry)	154.00	2	Kg	308.00
Fish (Bream, Dry)	183.33	1	Kg	183.33
Beef	39.67	4	Kg	158.66
Dark Green Vegetables	5.80	4	Kg	23.20
Tomatoes	5.83	4	Kg	23.33
Onion	13.83	2	Kg	27.66
Cooking oil (2.5L)	44.67	3	Litres	53.60
Bread	7.62	1	Loaf/day	228.45
Sugar	24.92	3	x 2 Kg	74.75
Milk	7.00	4	x 500ml	27.99
Tea	40.00	1	Kg	40.00
Eggs	10.00	2	Units	20.00
Salt	10.08	1	Kg	10.08

**Subtotal** **ZMW 1,368.04**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	129.60	2	x 90 Kg bag(s)	259.20
Soap (Lifebuoy/Champion)	5.22	10	Tablet(s)	52.15
Wash soap (BOOM)	9.73	4	x 400g	38.93
Jelly (e.g. Vaseline)	20.75	1	x 500ml	20.75
Electricity (medium density)	325.00	1	x 1month	325.00
Water & Sanitation (med - fixed)	104.36	1	x 1month	104.36
Housing (3 bedroom)	1,500.00	1	x 1month	1,500.00

**Subtotal** **ZMW 2,300.38**

**Total for Basic Needs Basket** **ZMW 3,668.43**

Totals from previous months	May 16	Jun 16	Jul y 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	June 17	July 17	Aug 17	Sep 17
Amount (K)	3,723.61	3,663.63	-	3,706.41	3,715.71	3,809.73	-	3,709.68	3,701.76	3,699.12		3,688.43	4,262.17	3,713.41	3,694.85	3,688.01	3,585.88

## (C) SOME OTHER ADDITIONAL COSTS

<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	125.00	Mpatamatu-Town	8.00
Grades 8-9 (User + PTA/year)	650.00	Roan - Kalala	8.00
Grades 10-12 (User + PTA/year)	940.00	Roan-Town	8.00
School Uniform (Grades 1-7)	100.00		
School Uniform (Grades 8-12)	250.00		
<b>Health</b>		<b>Fuel (cost at the pump)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	12.97
Malaria test	10.00	Diesel (per litre)	11.09

**D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER**

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,924.54	3,033.65	2,945.15	3,033.33	4,875.93	4,034.11	3,746.55	2,448.90	-	3,668.43	4,035.74	3,534.03	3,773.60	3,654.36	2,866.75

*This survey was conducted on 26<sup>th</sup> -27<sup>th</sup> November 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The November Basic Needs Basket is approximately US\$364 based upon the exchange rate of K10.09 per US\$ prevailing during period of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

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2017-11-30

# Luanshya November 2017 Basic Needs and Nutrition Basket Report

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