

# JCTR BASIC NEEDS BASKET

Livingstone

November 2017

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	62.86	2	x 25 Kg	125.71
Beans	24.53	3	Kg	73.58
Kapenta (Dry)	124.73	2	Kg	249.46
Fish (Bream, Dry)	141.50	1	Kg	141.50
Beef	31.67	4	Kg	126.66
Dark Green Vegetables	6.17	4	Kg	24.67
Tomatoes	6.64	4	Kg	26.57
Onion	10.00	2	Kg	20.00
Cooking oil (2.5L)	33.29	3	Litres	39.94
Bread	9.36	1	Loaf/day	280.67
Sugar	25.28	3	x 2 Kg	75.85
Milk	7.21	4	x 500ml	28.85
Tea	134.27	1	Kg	134.27
Eggs	10.40	2	Units	20.81
Salt	6.64	1	Kg	6.64

**Subtotal** **ZMW 1,375.18**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	192.60	2	x 90 Kg bag(s)	385.20
Soap (Lifebuoy/Champion)	8.75	10	Tablet(s)	87.48
Wash soap (BOOM)	9.91	4	x 400g	39.65
Jelly (e.g. Vaseline)	24.08	1	x 500ml	24.08
Electricity (medium density)	226.00	1	x 1month	226.00
Water & Sanitation (med - fixed)	136.00	1	x 1month	136.00
Housing (3 bedroom)	1,500.00	1	x 1month	1,500.00

**Subtotal** **ZMW 2,398.42**

**Total for Basic Needs Basket** **ZMW 3,773.60**

Totals from previous months	May 16	June 16	July 16	Aug 16	Sept 16	Oct 16	Nov 16	Dec 16	Jan 17	Feb 17	Mar 17	Apr 17	May 17	June 17	July 17	Aug 17	Sep 17	Oct 17
Amount (K)	3,847.07	3,860.27	3,852.83	3,626.53	3,699.66	3,849.27	3,817.70	3,911.08	3,900.83	3,863.69	3,869.90	3,869.90	4,264.05	3,844.59	3,795.61	3,796.35	3,736.99	3,774.40

## (C) SOME OTHER ADDITIONAL COSTS

<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	490.00	Dambwa-Town	14.00
Grades 8-9 (User + PTA/year)	750.00	Victoria Falls-Town	20.00
Grades 10-12 (User + PTA/year)	1,392.00		
School Uniform (Grades 1-7)	235.00		
School Uniform (Grades 8-12)	270.00		
<b>Health</b>		<b>Fuel (cost at the pump)</b>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Fast Track / High Cost fee	50.00	Petrol (per litre)	12.97
Self-referral (Emergency Fee)	50.00	Diesel (per litre)	11.09
Mosquito net (private)	52.00	Paraffin (per litre)	9.87

Malaria test	1.50
Consultation Fee	30.00
CD4 Count	50.00

**D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER**

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
4,924.54	3,033.65	2,945.15	3,033.33	4,875.93	4,034.11	3,746.55	2,448.90	-	3,668.43	4,035.74	3,534.03	3,773.60	3,654.36	2,866.75

This survey was conducted on 26<sup>th</sup> to 27<sup>th</sup> November 2017 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbita Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The November Basic Needs Basket is approximately US\$374 based upon the average exchange rate of K10.09 per US\$ prevailing at time of data collection. Please note that other monthly costs would include personal care,

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**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

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# Livingstone November 2017 Basic Needs and Nutrition Basket Report

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